



COMMUNICATING WITH IMPACT

Keeping Insights Discovery® Alive – an activity

UNDERSTANDING MY COMMUNICATION PREFERENCES

- In your **Insights Discovery Profile**, review your “**Communication**” pages (Effective Communications and Barriers to Effective Communication).
- Identify strategies that resonate with you then discuss as a team:
 - Your top 2 strategies for effective communication, and your top 2 barriers to effective communication.
 - Why are these strategies effective when others communicate with you?
 - How might you share these strategies with your colleagues and manager?
 - How can sharing this information strengthen communication with others?
- Have one person type up the outputs onto the template so that each team member can have a copy to refer to for later.

