

Navigating Team Change

Change can be stressful for many of us, and that individual stress can show up in how a team works together. We all know that the pace of change isn't going to slow down anytime soon and so we must help our teams to work together collaboratively to successfully navigate change, rather than allowing it to lower productivity and create disagreement.

This course helps teams to understand why working together with change can be a challenge and introduces a range of thinking and techniques to keep them motivated and productive during change.

What will you learn?

- ⇒ The process and phases of change.
- ⇒ Understand how your team views change.
- ⇒ How to cope as a team when change is out of your control.
- ⇒ Practical, straightforward approaches to navigating change.
- ⇒ Build an agreed approach to how you will navigate change as a team.

What will you cover?

- ⇒ The psychology of team change
- ⇒ The three phases of change
- ⇒ The Circle of Influence
- ⇒ Why we respond to change differently, and the collective team impact of these responses
- ⇒ Tools for managing team change effectively
- ⇒ Communicating through change
- ⇒ Team-driven working to agree the way forward with regards to navigating team change
- ⇒ Create a positive individual and team plan of action to embed learning.

Who is it for?

This course is for any team who would like to work together more effectively during times of change, either generally or perhaps because they find change particularly challenging.

How long will it take?

One day