

## Building a Stronger Team

People are the most valuable asset of every organisation and success is directly proportionate to the commitment and efforts of each and every person; which is where teambuilding comes in. A 'team' of people need to work well together and work towards achieving a shared goal. Often this is not the case, and groups of people are flung together without thought and then expected to rub along with each other until the job is done.

All teams need time out to take stock, realign themselves towards their shared goal and perhaps most importantly, understand how to successfully work together as a cohesive unit. Spending time together in this way will strengthen the team and positively contribute towards theirs and the organisations performance.

### What will you learn?

- ⇒ Understand past successes and challenges and use this understanding to better inform future team performance.
- ⇒ Create a team vision that will provide the direction needed for lasting success.
- ⇒ Identify the purpose of your team whilst recognising the strengths and weaknesses you possess as a collective whole.
- ⇒ Create an environment that encourages effective team communication and strengthens relationships.
- ⇒ Increase self-understanding and understanding of others within the team.

### What will you cover?

- ⇒ Take time to reflect on past achievements, highs and lows and use learning from the past to inform the future
- ⇒ Agree on the team strengths and development areas
- ⇒ Identify personal preferences to communication and apply this learning to effectively adapt and connect with others in the team
- ⇒ Participate in engaging and enjoyable activities where the learning will be translated back to the workplace to strengthen the team
- ⇒ Agree a team vision and create next steps action planning towards achieving that vision

### Who is it for?

This course can be tailored for either a manager and their team or a management team who need to work together to achieve common goals.

### How long will it take?

One day