



Clarity4D

clear colourful communication



## COMMUNICATING WITH IMPACT

Keeping Clarity4D® Alive – an activity

# UNDERSTANDING MY COMMUNICATION PREFERENCES

- In your **Clarity4D Profile**, review your “**Communicating with...**” page. Identify strategies that resonate with you then discuss as a team:
  - Your top 2 strategies for effective communication, and your top 2 barriers to effective communication.
  - Why are these strategies effective when others communicate with you?
  - How might you share these strategies with your colleagues and manager?
  - How can sharing this information strengthen communication with others?
- Have one person type up the outputs onto the template so that each team member can have a copy to refer to for later.

○ **Timing:** 30 – 60 minutes

